



Academy of Physical Rehabilitation Veterinary Technicians Supplemental Section

Abbreviation List: Applicants are encouraged to use the abbreviations and symbols outlined below when compiling case logs and case reports.

A: – assessment

AAROM – active assistive range of motion

Abd. or abd. – abduction

Add. or add. – adduction

AD-MSC- adipose derived mesenchymal stem cells

AMA – against medical advice

amb – ambulate, ambulates, ambulated, ambulatory, ambulation

ANNPE - acute non-compressive nucleus pulposus extrusion

AP – anterior-posterior

APL – adductor pollicis longus

approx. – approximately (also “~” symbol can be used)

AROM – active range of motion

Assist. – assistive, assistance

BCS - Body condition score

BID or bid – twice a day

bilat – bilateral (a B enclosed within a circle may also be used)

c - with

C/C – chief complaint

cerv. - cervical

COMS – caudal occipital malformation syndrome

Cont. or cont. – continue

CBLO – cora based leveling osteotomy

CP – conscious proprioception

CrCL- cranial cruciate ligament

CrCL-D - cranial cruciate ligament deficiency

CSF – cerebrospinal fluid

CT - computed tomography

CV – cardiovascular

CXR – chest x-ray

DACVSMR – Diplomate American College of Veterinary Sports Medicine and Rehabilitation

D/C – discontinue, discontinued, discharge, discharged

dept. – department

DF - dorsiflexion

DJD – degenerative joint disease

DM – degenerative myelopathy

DPN – deep pain negative

DVM – doctor of veterinary medicine

Dx – diagnosis

eval. – evaluation

Ex. – exercise

ext. – extension

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ECLI- extracapsular ligament imbrication
sEMG – surface electromyography
ESF – external skeletal fixation
ESWT- extracorporeal shockwave therapy
FCE- fibrocartilaginous embolism
flex. – flexion
FHO- femoral head osteotomy
FMCP- fragmented medial coronoid process
Fx., fx – fracture
GME- granulomatous meningoencephalitis
GOLPP – Geriatric Onset Laryngeal Paralysis Paresis
GRF – ground reaction forces
HBC- hit by car
HBT- hit by train
HBOT – hyperbaric oxygen therapy
Hemi. – hemiplegia, hemiparesis
HEP – home exercise program
h/o – history of
Hx – history
IE – initial evaluation
IFC – interferential current
IM – intramuscular
IMU – inertial measurement unit
IR or int. rot. – internal rotation
IV – intravenous
IVDD - intervertebral disc disease
JPS - juvenile pubic symphiodesis
KT - Kinesiotape
Lt or 'l' within a circle – left
Lat – lateral
LFS – lateral fabellar suture
Lft. -left (may be combined with PL)
LLLT-low level laser therapy
LMN – lower motor neuron
LMNL – lower motor neuron lesion
LPL- lateral patella luxation
LS - lumbosacral
LT- land treadmill
LTG – long term goal



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McA('s) – monoclonal antibody(=ies)
MD – medical doctor, doctor of medicine
Meds. – medications
min – minimal
min. – minute
mm. - muscle
MPL- medial patella luxation
MRI - magnetic resonance imaging
MSC – mesenchymal stem cells
MSI- medial shoulder instability
MSS – medial shoulder syndrome
MSK - musculoskeletal
mod. – moderate
NDT – neurodevelopmental treatment
neg. – negative
nn. – nerve
NPO or npo – nothing by mouth
NSAID- non steroidal anti inflammatory
NMES- neuromuscular electrical stimulation
NRS - numeric rating scale for pain
NWB – non-weight bearing
OCD: Osteochondrosis dissecans
OA – osteoarthritis
O.P. – outpatient
p : after
P: - plan
PAG – polyacrylamide gel
para – paraplegia
PBM - photobiomodulation
PEMF - pulsed electromagnetic field
PL – pelvic limb
PMH – past medical history
PNF – proprioceptive neuromuscular facilitation
PNI – peripheral nerve injury
pos. - positive
post. – posterior
post-op – after surgery
PROM – passive range of motion
PROME – passive range of motion exercise



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PRP - platelet rich plasma
Pt. or pt. – patient
PT – physical therapist
PWB – partial weight bearing
q – every
qd – everyday
qh – every hour
qid – four times a day
Rt or an ‘r’ within a circle- right (may be combined with PL)
Rehab – rehabilitation
RF - radiofrequency
R/O or r/o – rule out
ROM – range of motion
ROME – range of motion exercise
rot. – rotation
RROM – resistive range of motion
s – without
SCI – spinal cord injury
SDS - simple descriptive pain scale
SI jt. – sacroiliac joint
SOAP – subjective, objective, assessment, plan
S/P – status post
STG – short term goal
TENS– transcutaneous electrical nerve stimulator/ stimulation
THR – total hip replacement
ThUS - therapeutic ultrasound
tid – three times daily
TL – thoracic limb
TKR – total knee replacement
TMJ – temporomandibular joint
TPLO- tibial plateau leveling ostectomy
TTWB – toe touch weight bearing
TTA- tibial tuberosity advancement
TPO- triple pelvic ostectomy
Tx – treatment
trx – traction
UMN – upper motor neuron
UMNL – upper motor neuron lesion
US - ultrasound



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UTI – urinary tract infection

UWTM- underwater treadmill

VAS - visual analog scale

VTS – veterinary technician specialist

wk. – week

WNL – within normal limits

1° - primary

2° - secondary, secondary to

4AMP – 4-aminopyridine

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