



## Academy of Physical Rehabilitation Veterinary Technicians Supplemental Section

**Abbreviation List: Applicants are encouraged to use the abbreviations and symbols outlined below when compiling case logs and case reports.**

- A: – assessment**
- AAROM – active assistive range of motion**
- Abd. or abd. – abduction**
- Add. or add. – adduction**
- AD-MSC- adipose derived mesencymal stem cells**
- AMA – against medical advice**
- amb – ambulate, ambulates, ambulated, ambulatory, ambulation**
- AP – anterior-posterior**
- approx. – approximately (also “~” symbol can be used)**
- AROM – active range of motion**
- Assist. – assistive, assistance**
- BCS - Body condition score**
- BID or bid – twice a day**
- bilat – bilateral (a B enclosed within a circle may also be used)**
- c - with**
- C/C – chief complaint**
- cerv. - cervical**
- COMS – caudal occipital malformation syndrome**
- Cont. or cont. – continue**
- CBLO – cora based leveling osteotomy**
- CP – conscious proprioception**
- CrCL- cranial cruciate ligament**
- CrCL-D - cranial cruciate ligament deficiency**
- CSF – cerebrospinal fluid**
- CT - computed tomography**
- CV – cardiovascular**
- CXR – chest x-ray**
- DACVSMR – diplomate American college of veterinary sports medicine and rehabilitation**
- D/C – discontinue, discontinued, discharge, discharged**
- dept. – department**
- DF - dorsiflexion**
- DJD – degenerative joint disease**
- DM – degenerative myelopathy**
- DVM – doctor of veterinary medicine**
- Dx – diagnosis**
- eval. – evaluation**
- Ex. – exercise**
- ext. – extension**
- ECLI- extracapsular ligament imbrication**
- ESF – external skeletal fixation**
- ESWT- extracorporeal shockwave therapy**

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**FCE- fibrocartilaginous embolism**  
**flex. – flexion**  
**FHO- femoral head osteotomy**  
**FMCP- fragmented medial coronoid process**  
**Fx., fx – fracture**  
**GME- granulomatous meningoencephalitis**  
**HBC- hit by car**  
**HBT- hit by train**  
**HBOT – hyperbaric oxygen therapy**  
**Hemi. – hemiplegia, hemiparesis**  
**HEP – home exercise program**  
**h/o – history of**  
**Hx – history**  
**IE – initial evaluation**  
**IFC – interferential current**  
**IM – intramuscular**  
**IR or int. rot. – internal rotation**  
**IV – intravenous**  
**IVDD - intervetebral disc disease**  
**JPS - juvenile pubic symphiodesis**  
**KT - Kinisiotape**  
**Lt or 'l' within a circle – left**  
**Lat – lateral**  
**Lft. -left (may be combined with PL)**  
**LLLT-low level laser therapy**  
**LMN – lower motor neuron**  
**LMNL – lower motor neuron lesion**  
**LPL- lateral patella luxation**  
**LS - lumbosacral**  
**LT- land treadmill**  
**LTG – long term goal**  
**McA('s) – monoclonal antibody(=ies)**  
**MD – medical doctor, doctor of medicine**  
**Meds. – medications**  
**min – minimal**  
**min. – minute**  
**mm. - muscle**  
**MPL- medial patella luxation**  
**MRI - magnetic resonance imaging**  
**MSI- medial shoulder instability**  
**MSK - musculoskeletal**  
**mod. – moderate**



**NDT – neurodevelopmental treatment**  
**neg. – negative**  
**nn. – nerve**  
**NPO or npo – nothing by mouth**  
**NSAID- non steroidal anti inflammatory**  
**NMES- neuromuscular electrical stimulation**  
**NRS - numeric rating scale for pain**  
**NWB – non-weight bearing**  
**OCD: Osteochondrosis dissecans**  
**OA – osteoarthritis**  
**O.P. – outpatient**  
**p : after**  
**P: - plan**  
**PAG – polyacrylamide gel**  
**para – paraplegia**  
**PBM - photobiomodulation**  
**PEMF - pulsed electromagnetic field**  
**PL – pelvic limb**  
**PMH – past medical history**  
**PNF – proprioceptive neuromuscular facilitation**  
**PNI – peripheral nerve injury**  
**pos. - positive**  
**post. – posterior**  
**post-op – after surgery**  
**PROM – passive range of motion**  
**PROME – passive range of motion exercise**  
**PRP - platelet rich plasma**  
**Pt. or pt. – patient**  
**PT – physical therapist**  
**PWB – partial weight bearing**  
**q – every**  
**qd – everyday**  
**qh – every hour**  
**qid – four times a day**  
**Rt or an ‘r’ within a circle- right (may be combined with PL)**  
**Rehab – rehabilitation**  
**R/O or r/o – rule out**  
**ROM – range of motion**  
**ROME – range of motion exercise**  
**rot. – rotation**  
**RROM – resistive range of motion**  
**RF - radiofrequency**



**s – without**  
**SCI – spinal cord injury**  
**SDS - simple descriptive pain scale**  
**SI jt. – sacroiliac joint**  
**SOAP – subjective, objective, assessment, plan**  
**S/P – status post**  
**STG – short term goal**  
**TENS– transcutaneous electrical nerve stimulator/ stimulation**  
**THR – total hip replacement**  
**ThUS - therapeutic ultrasound**  
**tid – three times daily**  
**TL – thoracic limb**  
**TKR – total knee replacement**  
**TMJ – temporomandibular joint**  
**TPLO- tibial plateau leveling ostectomy**  
**TTWB – toe touch weight bearing**  
**TTA- tibial tuberosity advancement**  
**TPO- triple pelvic ostectomy**  
**Tx – treatment**  
**trx – traction**  
**UMN – upper motor neuron**  
**UMNL – upper motor neuron lesion**  
**US - ultrasound**  
**UTI – urinary tract infection**  
**UWTM- underwater treadmill**  
**VAS - visual analog scale**  
**VTS – veterinary technician specialist**  
**wk. – week**  
**WNL – within normal limits**

**1° - primary**  
**2° - secondary, secondary to**