Mobility Questionnaire: Does Your Pet Show Signs of Pain?

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Pet name: ___________________________________________ Owner name: ___________________________________________
Breed: __________________________________________________ Age: ___________________________________________

In general, how do you rate your pet’s health?
☐ Excellent  ☐ Very Good  ☐ Good  ☐ Fair  ☐ Poor

Has your pet ever seen a veterinarian because of joint pain, stiffness, or limping?
☐ No  ☐ Yes  Details: ____________________________________________________________

Living in pain can lead to changes in behavior, which can be hard to read in a pet.
On average, would you say your pet [Choose 1]
☐ Is completely uninterested in its surroundings; sleeps all the time?
☐ Will show interest, but no longer comes to greet you?
☐ Is mostly interested in life and food, but reluctant to play?
☐ Plays only when encouraged, and not for long?
☐ Has had no change in personality?

Has your pet’s activity level changed? If so, select all that apply:
☐ Seeks more affection than usual  ☐ Has difficulty getting up from a lying position  ☐ Lies very still
☐ Reluctant to move  ☐ Shows trembling  ☐ Becomes restless
☐ Repetitively gets up and lies down  ☐ Shows circling  ☐ Other

Has your pet’s appetite or thirst changed?
☐ Yes  ☐ No

Does your pet have trouble in areas where it never used to need assistance?
☐ Cannot manage any steps without assistance  ☐ Cannot jump onto the furniture without assistance
☐ Cannot manage a full flight of steps (only 2 to 4 steps alone)  ☐ Cannot get into the vehicle without assistance
☐ Manages a full flight of steps, but has difficulty  ☐ Has no problem jumping
☐ Can only go upstairs without assistance
☐ Can only go downstairs without assistance
☐ No problems on stairs

Has your pet become protective of itself? If so, select all that apply:
☐ Protects hurt body part  ☐ Hides
☐ Doesn’t put weight on a limb  ☐ Limps
☐ Doesn’t want to be held or picked up  ☐ Other

Does your pet have pain, swelling, or stiffness?
☐ Yes, in many joints  ☐ Yes, in a few joints  ☐ Yes, in 1 joint  ☐ Very rarely  ☐ Never

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How long can your pet walk without getting tired, limping, or stopping?
☐ Less than 5 minutes  ☐ More than 30 minutes/my pet doesn't get tired or sore
☐ 10 to 20 minutes  ☐ Does not show signs until finished walking and rests for a while (i.e., will stiffen up)

Does your pet favor one side of its body more than the other?
☐ No  ☐ Yes (details: ________________________________ )

Did your pet’s signs begin slowly or suddenly?
☐ Slowly, over the course of a few months  ☐ Suddenly, within days or a few weeks

Has the joint pain suddenly gotten worse?
☐ Within the past few days  ☐ Within the past few weeks  ☐ Not applicable

In the morning, are the affected areas stiff for more than half an hour?
☐ Yes  ☐ No  ☐ There is no morning stiffness

Has your pet had a joint/bone injury or surgery?
☐ Yes (details: ________________________________ )  ☐ No  ☐ Unsure

Which of the following methods do you use to manage your pet’s pain, swelling, or stiffness?
[Check all that apply.]
☐ Physical activity/exercise
☐ Nutritional supplements
☐ Weight management
☐ Physical rehabilitation/chiropractic/massage
☐ Cold or heat treatment
☐ Medication
☐ Other: ________________________________
☐ None of the above

Which medication and/or joint supplements do you currently give your pet? [Check all that apply.]
☐ Prescription medication from veterinarian: ________________________________
☐ Over-the-counter medication: ________________________________
☐ Aspirin: ________________________________
☐ Glucosamine human medication (brand): ________________________________
☐ Veterinary joint supplement (brand): ________________________________
☐ Herbal supplement (brand): ________________________________
☐ Other: ________________________________
☐ None

Does your pet have any of the following conditions? [Check all that apply.]
☐ Kidney disease
☐ Liver disease
☐ Lung disease
☐ Cardiovascular disease
☐ Skin disease
☐ Active infection
☐ Bladder problems
☐ Other

Is there anything else we should know about your pet?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________