



Academy of Physical Rehabilitation Veterinary Technicians Supplemental Section

Abbreviation List: Applicants are encouraged to use the abbreviations and symbols outlined below when compiling case logs and case reports.

A: – assessment
AAROM – active assistive range of motion
Abd. or abd. – abduction
Add. or add. – adduction
AD-MSC- adipose derived mesencymal stem cells
AMA – against medical advice
amb – ambulate, ambulates, ambulated, ambulatory, ambulation
AP – anterior-posterior
approx. – approximately (also “~” symbol can be used)
AROM – active range of motion
Assist. – assistive, assistance
BCS - Body condition score
BID or bid – twice a day
bilat – bilateral (a B enclosed within a circle may also be used)
c - with
C/C – chief complaint
cerv. - cervical
Cont. or cont. – continue
CrCL- cranial cruciate ligament
CrCL-D - cranial cruciate ligament deficiency
CSF – cerebrospinal fluid
CT - computed tomography
CV – cardiovascular
CXR – chest x-ray
D/C – discontinue, discontinued, discharge, discharged
dept. – department
DF - dorsiflexion
DJD – degenerative joint disease
DM – degenerative myelopathy
Dx – diagnosis
eval. – evaluation
Ex. – exercise
ext. – extension
ECLI- extracapsular ligament imbrication
ESF
ESWT- extracorporeal shockwave therapy
FCE- fibrocartilaginous embolism
flex. – flexion
FHO- femoral head osteotomy
FMCP- fragmented medial coronoid process

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Fx., fx – fracture
GME- granulomatous meningoencephalitis
HBC- hit by car
HBT- hit by train
HBOT – hyperbaric oxygen therapy
Hemi. – hemiplegia, hemiparesis
HEP – home exercise program
h/o – history of
Hx – history
IE – initial evaluation
IFC – interferential current
IM – intramuscular
IR or int. rot. – internal rotation
IV – intravenous
IVDD - intervertebral disc disease
JPS - juvenile pubic symphiodesis
KT - Kinisiotape
Lt or 'l' within a circle – left
Lat – lateral
LLLT-low level laser therapy
LMN – lower motor neuron
LMNL – lower motor neuron lesion
LPL- lateral patella luxation
LS - lumbosacral
LT- land treadmill
LTG – long term goal
MD – medical doctor, doctor of medicine
Meds. – medications
min – minimal
min. – minute
mm. - muscle
MPL- medial patella luxation
MRI - magnetic resonance imaging
MSI- medial shoulder instability
MSK - musculoskeletal
mod. – moderate
NDT – neurodevelopmental treatment
neg. – negative
nn. – nerve
NPO or npo – nothing by mouth
NSAID- non steroidal anti inflammatory
NMES- neuromuscular electrical stimulation



NRS - numeric rating scale for pain
NWB – non-weight bearing
OCD: Osteochondrosis dissecans
OA – osteoarthritis
O.P. – outpatient
p : after
P: - plan
para – paraplegia
PEMF - pulsed electromagnetic field
PMH – past medical history
PNF – proprioceptive neuromuscular facilitation
PNI – peripheral nerve injury
pos. - positive
post. – posterior
post-op – after surgery
PROM – passive range of motion
PROME – passive range of motion exercise
PRP - platelet rich plasma
Pt. or pt. – patient
PWB – partial weight bearing
q – every
qd – everyday
qh – every hour
qid – four times a day
Rt or an 'r' within a circle- right
Rehab – rehabilitation
R/O or r/o – rule out
ROM – range of motion
ROME – range of motion exercises
RPL-
rot. – rotation
RROM – resistive range of motion
s – without
SCI – spinal cord injury
SDS - simple descriptive pain scale
SI jt. – sacroiliac joint
SOAP – subjective, objective, assessment, plan
S/P – status post
STG – short term goal
TENS– transcutaneous electrical nerve stimulator/ stimulation
THR – total hip replacement
ThUS - therapeutic ultrasound



tid – three times daily
TKR – total knee replacement
TMJ – temporomandibular joint
TPLO- tibial plateau leveling ostectomy
TTWB – toe touch weight bearing
TTA- tibial tuberosity advancement
TPO- triple pelvic ostectomy
Tx – treatment
tx – traction
UMN – upper motor neuron
UMNL – upper motor neuron lesion
US - ultrasound
UTI – urinary tract infection
UWTM- underwater treadmill
VAS - visual analog scale
wk. – week
WNL – within normal limits
wt. – weight

Common physical rehabilitation symbols used

+1, +2 - assistance
♂ - male
♀ - female
↓ - down, downward, decrease, diminished
↑ - up, upward, increase
// - parallel, parallel bars (also // bars)
c - with
s - without
p - after
a - before



1° - primary

2° - secondary, secondary to

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