

### October 2017

American Association of Rehabilitation Veterinarians Newsletter – Technicians Corner TECH TIPS!! Ten Ways To Maximize The Longevity and Mobility of The Physical Rehabilitation Veterinary Technician

1. Safe foot wear for both hydrotherapy and dry land exercise



2. Wetsuit or waders to protect against scratching during pool activities

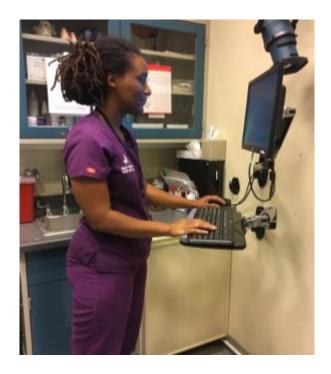




- 3. Minimizing prolonged and unnecessary water exposure and time between appointments to change clothes and properly dry skin.
- 4. System for drying floors surrounding underwater treadmill and/or pool to prevent slipping



**5.** Ergonomic chair and workstation for administrative duties and record keeping



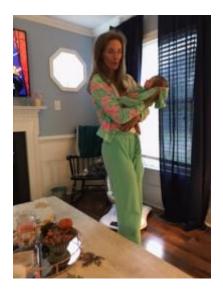


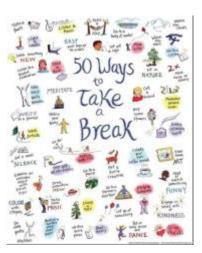
# 6. Laser safety glasses for laser use





# 7. Breaks for FOOD and a schedule that allows for work/life balance









# 8. Lift tables and hoists for lifting patients and working with patients



9. Sharps container in the rehabilitation area to prevent needle stick injuries from acupuncture or injection needles





10. Regular review of safety issues and overall happiness and performance of your Veterinary Physical Rehabilitation Technician. They want to stay safe and have a long fulfilling career improving patient mobility.





### **About the APRVT**

As a recognized VTS Academy, the APRVT will focus on providing credentialed veterinary technicians expert level skills, knowledge and assistance for the AARV veterinary members and diplomates of the ACVSMR who encourage and promote research within the profession to validate the science of veterinary sports medicine and rehabilitation. The veterinary technician credentialed in veterinary physical rehabilitation should strive to promote the advancement of rehabilitation in veterinary medicine, increase public awareness regarding veterinary rehabilitation, promote the development of credentialed rehabilitation veterinary technicians in veterinary medicine and further the professional growth of credentialed rehabilitation veterinary technicians by encouraging education focused veterinary rehabilitation. on (read more http://www.aprvt.com/code-of-ethics.html)

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